



The Gifts of the Enneagram

A Retreat for Men & Women in St. Mary's City, Maryland

Co-Sponsored by: Illuman DC & Trinity Episcopal Church, St. Mary's City

March 27 & 28, 2020

"The Enneagram is a dynamic system for self-knowledge and spiritual transformation. It is a wonderful tool that can help us see and let go of the false self—which masks the image of God within us—and allow us to live from our True Self—the unique manifestation of Love that God intends us to be."

~ Richard Rohr

The Enneagram is much more than just another popular formula to pair people to the collection of their personality foibles and eccentricities. It explains the "why" of how we think, act, and feel. It helps us come to terms with our gifts as well as the addictive

patterns that tether us to our greatest interpersonal, spiritual, and emotional challenges. The Enneagram invites us to deeper self-awareness as a doorway to spiritual growth.

~ Christopher L. Heuertz, *The Sacred Enneagram: Finding Your Unique Path to Spiritual Growth*

RETREAT DESCRIPTION:

The Gifts of the Enneagram Retreat will provide numerous opportunities for exploration, whether you are new to the Enneagram or have been using it as a tool in your spiritual practice for years. Foundational information will be shared for each type to set the stage for deeper conversations. All that is required for participation is a willingness to be present in your body, have a curious mind and to bring an open heart.

This weekend retreat will provide participants with opportunities to explore a mature spirituality through a deepening into the wisdom of the Enneagram. Through teachings and experiential opportunities, participants will be invited to explore the path to self-healing and wholeness using the Enneagram as a map and guide.

We recommend participants take an online assessment and read the descriptions of each Enneagram type prior to the attending the retreat. A free basic version of the Enneagram assessment tool may be found at: <http://www.9types.com/rheti/index.php>. For a more complete assessment and report at the cost of \$12: <https://www.enneagraminstitute.com/rheti/>

SCHEDULE: Friday, March 27th ~ 5:00 pm – 7:30 pm
Saturday, March 28th ~ 8:30 am – 7:00 pm

LOCATION: St. Mary's Parish Hall
47477 Trinity Church Road
St. Mary's City, Maryland 20686

COST: \$100 (Saturday lunch is included.)
Limited Scholarship Assistance Available

TO REGISTER: Send full payment by March 20, payable to:
St. Mary's Parish
Post Office Box 207
St. Mary's City, Maryland 20686



FACILITATOR: Brad Pickel has been studying the Enneagram for over a decade and is a passionate communicator of its wisdom in both group settings and in one-on-one coaching sessions. He employs teachings, music and movies, small group sharing and rituals to transmit his knowledge of the system. Brad has also completed the Enneagram Institute training program and attended additional workshops focusing on the Essential Qualities and Higher Aspects of each type that highlights the spiritual components of the Enneagram. Brad is the President and Owner of Seahaven Consulting, Inc. and serves as the Administrator for www.illumina.org, an international organization dedicated to helping men in their quest of becoming mature, spiritually-grounded, loving, nurturing, and generative men. Illuman was established from the work of Fr. Richard Rohr. Brad lives in Beaufort, SC, with his wife Leslie, and beagle Pearl.

Contact John Ball for more information about the retreat or overnight accommodations: trinitysaintmarys@gmail.com or 301-862-4597